January 7, 1988

Millbury, Mass.

The Millbury · Sut CHRONICLE

Volume 2 No. 41

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One of Millbury's Best Bargains: The Council on Aging

Located on a large, manicured lawn which spills onto Main Street is the stately and elegant Asa Waters mansion - an exquisite monument to Millbury's past. On any given weekday throughout the year, this grand building comes to life with the sounds of a very active senior population who gather to eat their noonday meal and participate in a variety of activities that make retiring inviting. The Asa Waters mansion is the home of Millbury's Council on Aging Senior Center where the activity observed is just a small proportion of the services and activities which the council conducts.

Judith O'Connor, Executive Director of Millbury's Council on Aging, oversees and co-ordinates a staff of 58 who provide the assistance to the 2,256 seniors availing themselves of the multiple services offered by the council. This organization in a quiet, understated way discharges the state mandate which is enormous in scope. According to Mrs. O'Connor, the council has three core responsibilities: to identify the needs of the seniors and the available resources in the community, to educate the community to the problems of aging and the needs of its older citizens, and to design, promote and put in place services that are needed, and to coordinate the efforts of the agencies which serve older people.

This mandate is briefly stated, but its implementation and execution is something altogether different, particularly when one considers that last year's budget was only $26,000. How does Mrs. O'Connor provide all the services? "I do anything I have to raise money," she said with a laugh. "I apply for grants; I appeal to businesses; we run fundraisers - anything that will help us provide as many services as we can for the elderly, we do."

Many residents have a narrow impression as to the function of the council. "A lot of people think we're just here for bingo and whist," Mrs. O'connor lamented. "That's just a small part of our responsibility. If a senior has any type of problem, I can help them resolve it or, if I don't have the answer, I can put the person in touch with those who do."

Senior Aides (left to right) Pauline O' Loughlin and Beatrice Trombowicz go over the week's activities with Council on Aging Director Judith O'Connor.

The plight and problems of the elderly are manifold and the organization of the council attempts to address and anticipate as many needs, peculiar to Millbury's elderly population, as it can. The Council on Aging has an 11 member Board of Directors: Catherine Hart, chairman; Joe Sullivan, vice-chairman; Rose DeToma, treasurer; and members, Dr. James Pialtos, Betty Hamilton, Judy Gauthier, Jean Peterson, Marty Roach, Annie Daw, Halfred Chambers, and Francis Cofske. This board is responsible for setting policies and procedures and for diagnosing problems and seeking solutions. In this, as in most activities, the director plays a central role by acting as a conduit between the elderly and the board. Mrs. O'Connor, who is close to the seniors everyday, can identify certain areas that need attention and present them to the board with recommendations. The board members are expected to belong to other elder home care boards from which valuable knowledge might be gleaned and tailored to help the Millbury elderly.

"Not every town has the same problems," Mrs. O'Connor explained. "This is why each director and each board has to find out what the priorities are and work at improving and changing." Frequently legislative issues are at the heart of the solution or the problem, and it is the responsibility of the board of directors to go to Boston and quiz all the legislators on bills that affect the elderly.

Turn to Page

Residents Sought for Windle Field Improvement Committee

MILLBURY. The Millbury School Committee is seeking interested residents to work with them to improve programs and facilities at Windle Field. The Committee will soon be involved in its budget deliberations and would appreciate the participation of any residents who would like to make a contribution to improve Windle Field grounds and facilities. Interested residents should contact the Superintendent of Schools at 865-9501 between 8:00 a.m. and 4:00 p.m.

SCHOOL LUNCH MENUS

January 11 - 15

MILLBURY HIGH SCHOOL

MONDAY: Chicken Nuggets, French Fries, Mixed Vegetables, Pan Roll/Butter, Pudding
TUESDAY: Taco, Lettuce & Tomato, French Fries, Green Beans, Jello/Topping
WEDNESDAY: Juice, Submarine Sandwich, Potato Chips, Fruit
THURSDAY: Juice, Ravioli/Meat Sauce, French Fries, Garlic Bread, Danish
FRIDAY: Pizza, French Fries, Tossed Salad

ELEMENTARY AND MIDDLE

MONDAY: Sloppy Joe on a Roll, Potato Puffs, Assorted Fruit
TUESDAY: Hot Dog on a Roll, Baked Beans, French Fries, Pudding
WEDNESDAY: Juice, Submarine Sandwich, Potato Chips, Pears
THURSDAY: American Chop Suey, Green Beans, Garlic Bread, Ice Cream
FRIDAY: Juice, Tuna Sandwich, Clam Chowder, Potato Puffs, Brownie

SUTTON SCHOOLS

MONDAY: Chicken Patty on a Bun, French Fries, Lettuce & Tomato, Vanilla Whip with Pineapple
TUESDAY: Steak Sandwich, French Fries, Peppers & Onions, Cheese, Chocolate Chip Cookie
WEDNESDAY: Hamburger or Cheeseburger, French Fries, Lettuce & Tomato, Spice Cake
THURSDAY: Turkey Nuggets, French Fries, Mixed Vegetables, Rolls, Jello with Topping
FRIDAY: Pizza (Plain or Pepperoni), French Fries, Carrot Sticks, Peanut butter Cookie

COA MENUS

January 11 - 15

MONDAY: American Chop Suey, Wax & Green Beans, Wheat Bread & Butter, Chilled Peaches
TUESDAY: Sweet & Sour Chicken, Wild Rice, Butternut Squash, Biscuit & Butter, Butterscotch Pudding & Topping
WEDNESDAY: Apple Juice, Royal Pot Roast, Red Cabbage, Oven Roasted Potato, Rye Bread, Almond Cake
THURSDAY: Fish Stew, Broccoli Au Gratin, Tossed Salad, Italian Stick & Butter, Fresh Apple
FRIDAY: Veal Cutlet w/Brown Gravy, Oven Roasted Potato, Stewed Tomato, Oatmeal Bread & Butter, Pineapple Chunks

CALENDAR

TUESDAY, JANUARY 12

MILLBURY...District Nursing Society Blood Pressure Clinic at the Asa Water Mansion, 123 Elm Street, from 9:30 to 11:30 a.m.

THE MILLBURY SUTTON CHRONICLE

59 Grafton Street, Millbury, MA 01527 - Tel: 865-1645

PUBLISHER Alexander G. Belisle
EDITOR Andree A. Belisle

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THE DEADLINE FOR ALL SUBMISSIONS IS 12:00 P.M. ON THE SATURDAY OF THE WEEK PRIOR TO PUBLICATION.

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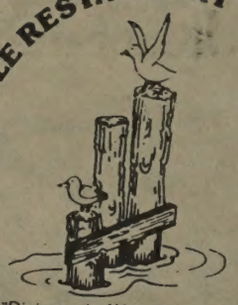

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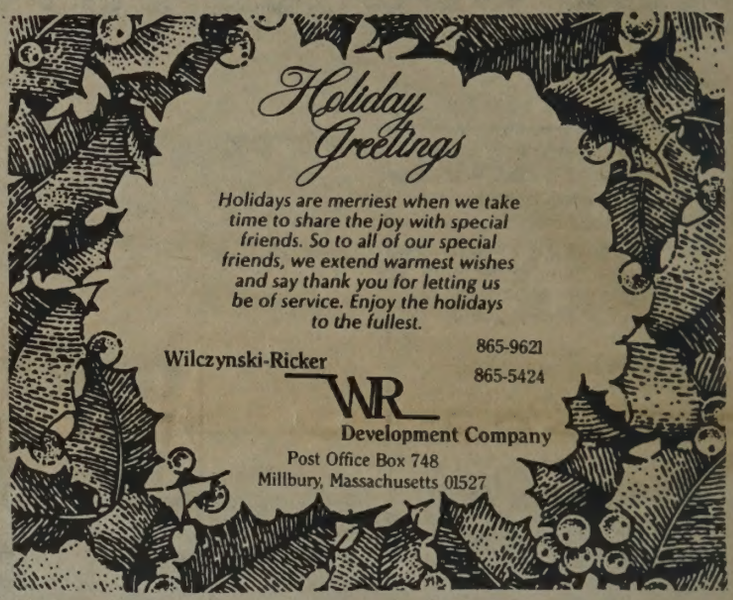
Holiday Greetings
Holidays are merriest when we take time to share the joy with special friends. So to all of our special friends, we extend warmest wishes and say thank you for letting us be of service. Enjoy the holidays to the fullest.
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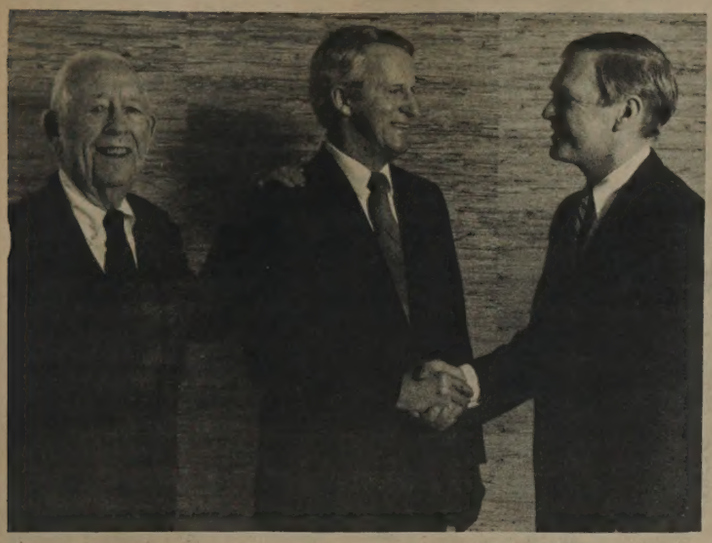
Fidelity Co-operative Bank President Celebrates 35th Anniversary



William J. Williams, Director of Fidelity Co-operative Bank, congratulating Francis Metterville, President, on his 35th anniversary with the Bank. Standing at left is Milton A. Barrett, former President from 1929 to 1969.

Fidelity Co-operative Bank President Francis M. Metterville celebrated his 35th year with the Bank this month, with an optimistic assessment of the bank's steady growth over the past 100 years to its place today as "one of the strongest financial institutions in the State."

Mr. Metterville, who was elected President in March 1969, is only the third president in the Bank's 100-year history. His predecessor, former president Milton A. Barrett, was president from 1929 until his retirement in 1969. The Bank's founder, Wylan G. Hayes, was president from 1888 to 1929.

Mr. Metterville's anniversary coincides with the 100th birthday of Fidelity Co-operative Bank, the year-long celebration of which will end in April 1988.

While under his direction, Fidelity Co-operative Bank's assets have grown from $32 million to $96 million. Mr. Metterville was also responsible for the merger of Fidelity Co-operative Bank with banks in Gardner and Millbury, and the establishment of a third branch office in Leominster.

Mr. Metterville is Director and Chairman of the Board of Bankers Management Services, Inc. of Randolph, Chairman of CentMass Systems, Fitchburg, Director of the Fitchburg Mutual Fire Insurance Co., a Trustee of Burbank Hospital in Fitchburg, and Director of the North Central Massachusetts Chamber of Commerce. He is also Director and President of the Co-operative Central Bank in Boston and a Director of the Bank Investment Fund.

He is a former Director and Vice Chairman of the Federal Home Loan Bank of Boston, and former President of the Massachusetts Co-operative Bank League.

Since its founding in 1888, Fidelity Co-operative Bank has gained a reputation as a community-oriented institution which has been a leader in providing mortgage financing to promote home ownership in the area. It is this commitment to the community, according to Mr. Metterville, that has made his 35 years with the Bank most rewarding.

Mr. Metterville and his wife live in Fitchburg. They have three daughters.

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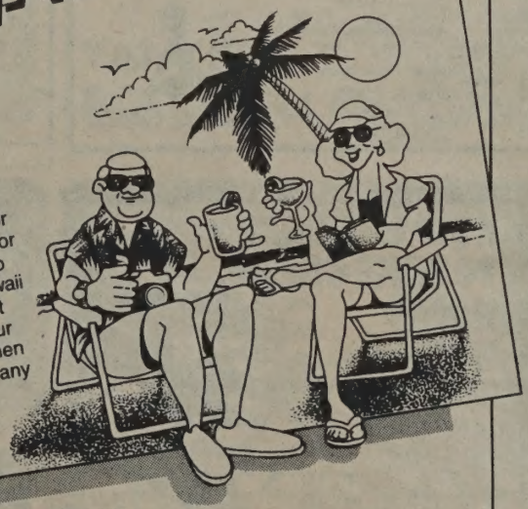

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According to Mrs. O'Connor, "Any cut affects the elderly," and she emphasized the need for vigilance. She gave the example of Medicare denials for home care service which Betty Hamilton, Executive Director of the District Nursing Society, apprised her of. "If Medicare isn't responsible for home health care, then it falls squarely on the shoulders of the elderly who either have to pay themselves or move into nursing homes. We want to help the seniors out of nursing homes and stay part of the community. What we did was write 120 letters to (Senator) Kennedy and (Senator) Kerry protesting the cuts. It's what we're all about - helping the elderly live fulfilled lives in dignity."

The focal point of Mrs. O'Connor's responsibility is to provide as many services as time and a very limited budget will allow. She, as part of her everyday responsibilities, deals with all the budgetary details, arranges for the various contractual arrangements that help underwrite the operating costs, tries to inform the public about the various activities and services through newsletters and press releases, coordinates the staff that is needed to discharge all of the services which the center offers, and much more.

The Council on Aging must be one of Millbury's best bargains. On a $26,000 budget, a staff of 59 serve 2,256 seniors. (The staff consists of only two employees paid from the budget; two Senior Aides are paid out of the Senior Aide Program, four van drivers are paid by the Regional Transit Authority, and there are 51 volunteers.) That comes down to $11.71 a year per senior or about four cents a day.

For this amount, the center provides an impressive list of services. The four van drivers last year provided 9,691 free rides for the elderly and handicapped to and from the center for activities and lunch, as well as to medical appointments, shopping trips, general dial-a-ride, etc. The 51 volunteers prepare the home delivered meals and serve the meals at the center as well as help in transportation, crafts, preparing the newsletter, and a host of other duties that Mrs. O'Connor said simply could not take place except for their generosity and goodwill. Different activities are scheduled on different days in order to provide for a variety. "We try to schedule a lot of socializing," she said, "because its a big part of keeping the seniors active. So, we plan a lot of day trips to plays, performances, shopping - many, many different things."

Though socializing is essential, there are serious services which are offered to help alleviate some of the problems which confront the elderly. High on Mrs. O'Connor's list of priorities when she assumed the position as director of the center was nutrition. At first, meals were offered only one day a week. Now Judy has succeeded in providing meals five days a week at the center and home delivered meals on three routes. "Last year, we served 11,500 home delivered meals and 10,151 congregate meals. This is an example of the cooperation between the director and the board," she said. "I suggested the need to the board and they decided to go with the home delivered meals and the congregate meals."

Health is also a concern for the elderly and high on the list of priorities for the Council on Aging. There are some health services which are provided at the center, a Stay-Well clinic two days a month is provided through the District Nursing Society, a podiatrist visits the center once a month, and a health education program is provided once a month. More important than the immediate services provided at the clinic is the help and assistance which Mrs. O'Connor can give directing the elderly to the proper agency or services which they need or helping them fill out a variety of forms. "Filling out forms can be very confusing and frightening. I explain what the form wants and help them fill it out so as to take some of the worry away from them.," she said.

This information, referral, and client advocacy aspect of the council is another critical service which is offered. Mrs. O'Connor provides the elderly with information on Social Security, S.S.I., Medex, Medicare, Medicaid, HMO's, housing and general information which the seniors need to maintain themselves as independent persons. "I try to answer any questions they might have, but if I don't have the answer at my finger tips, I call around until either I can answer it or I can direct the person to someone who can." She gave the example of a senior whose landlord wants to double the rent. "I'd direct them to Central Mass Legal," she said, "they'll help them.

Citing another example, Mrs. O'Connor stated, "Another senior had her house re-sided and the contractor hadn't completed the work. When she told me how much she paid, I thought it was exceptionally high. I checked around and saw that the contractor had overcharged her and though I couldn't change that, I made a call and he at least came back and finished the job. It's a shame how many people will try to take advantage of the elderly, and I try to warn them about trusting too many people."

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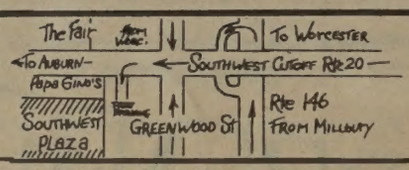

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Sutton Teacher To Receive Award from Alliance for Education

The Alliance for Education has announced Mini-Grants totaling $25,000 for 99 public school teachers in Worcester and Worcester County for the 1987-88 school year. The money awarded will be used to fund innovative classroom projects. The purpose of the program is to provide recognition and development opportunities for teaches, new resources for the classroom, and enrichment for children.

Locally, Beverly Shaw Johnson, of Sutton Memorial Junior Senior High School, will receive an award for her project entitled, "Nipmuck Indians."

The Alliance for Education will present awards to 34 public school teachers on January 12, at 4:30 p.m. (snow date: January 13, 4:30 p.m.) at the Yankee Drummer Inn in Auburn.

Charles F. Minney Post to Honor Outstanding Teachers

MILLBURY. The Charles F. Minney Outstanding Teachers Award Presentations will be made on Saturday, January 23rd at the Millbury Veterans of Foreign Wars Post. The award is given to a teacher selected from each school in the Millbury School System, and to two teachers from Blackstone Valley Regional Tech (one being selected from among the academic teachers and the other from among the shop teachers.).

The selections were made by the building principals, fellow teachers, and the administrations. The selected candidates have shown excellence, dedication, and performance as an exemplary professional educator who serves Millbury students and colleagues.

The award presentations will be made during the annual Scholarship Dinner Dance by Dr. Alfred Sylvia, Superintendent of Millbury Schools, and by Mr. Eugene Picard, Superintendent and Director of Blackstone Valley Regional Vocational Technical High School. Introductions will be made by State Representative Paul Kollios, who is a former teacher at Valley Tech.

The event is sponsored by V.F.W. Post 3329 and their Ladies Auxiliary. Both groups have been active for many years in giving scholarships to deserving Millbury youths.

The public is invited to the affair which will include a buffet meal and dancing. Tickets may be obtained by calling 865-5029.

Installed as Second Vice President of Greater Worcester Board of REALTORS

Lorraine M. Konisky, GRI, of Lorraine M. Konisky Real Estate in Sutton, was installed as Second Vice President of the Greater Worcester Board of REALTORS, Inc. at their Inaugural Dinner Dance held at the Indian Meadows Country Club on Sunday, December 20th. Mrs. Konisky, a resident of Sutton, has been active in the real estate profession since 1978 and is a member of many professional organizations including: the Massachusetts Association of REALTORS and a member of the Commercial-Investment Division, The National Association of REALTORS, the Women's Council of REALTORS, the Multiple Listing Service, the Blackstone Valley Chamber of Commerce, and the Worcester Area Chamber of Commerce. In addition to being a member of these organizations, Mrs. Konisky is Second Vice President of the Greater Worcester Board of REALTORS and President of the Women's Council of REALTORS; she has served as a member of the Multiple Listing Service's Management Committee and its Communication Committee and has participated in seminars conducted by the Commercial-Investment Division of the Massachusetts Association of REALTORS. She is the holder of the National Association of REALTORS GRI designation and is pursuing the Women's Council of REALTORS' LTG designation.

DEADLINE

The deadline for all submissions to the *Millbury-Sutton Chronicle* is 12:00 noon on Saturday of the week prior to publication.

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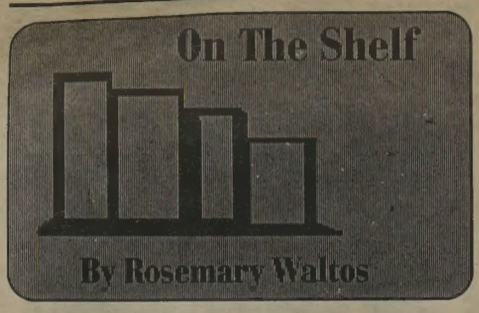

With the last gift open, the last toast given, and the Christmas tree on the curbside, it's time to settle into 1988 and the long stretch ahead of us. It's also time to set down your New Year's resolutions.

As the last of the holiday cookies and cakes are consumed, one of the most common resolutions to be made each year is the promise to lose weight and get in shape for the anxiously awaited summer months ahead. Here are some books and videos from the Millbury Public Library to help you keep this New Year's resolution. Good Luck!

THE FEEL FULL DIET by Steven R. Peikin, M.D. - Dr. Peikin is the director of the Jefferson Medical College Nutrition Program. In his revolutionary book, Dr. Peikin outlines a safe and effective weight loss program, based on the theory that overeating is the result of a biochemical irregularity that prevents the body from signaling fullness. (613.2)

WEIGHT WATCHERS FAVORITE RECIPES - There are over 280 recipes that range from brunches and snacks to main meals in this book. These recipes are based on Weight Watchers popular and successful *Quick Start Plus Program* (641.5). Look for the new Weight Watcher's cookbook coming to the library sometime soon.

NUTRITION PRESCRIPTION: STRATEGIES FOR PREVENTING & TREATING 50 COMMON DISEASES by Dr. Brian L.G. Morgan - This book provides practical, specific and simple advice for nutritional prevention of diseases, such as obesity, rheumatoid arthritis, hyperactivity, gout and bulimia. (615.8)

HEARTMATES: A SURVIVAL GUIDE FOR THE CARDIAC SPOUSE by Rhoda F. Levin - The victim of a heart attack is more than the cardiac patient. The victim is the whole family and especially the spouse. Heartmates, a program started by Rhoda Levin, is designed to help the cardiac spouse overcome the fear, guilt, stress, anger and helplessness that most cardiac spouses experience. Levin's book, also named Heartmates, provides a complete program for understanding and dealing successfully with this all too common crisis. (362.1)

GREG LeMOND'S COMPLETE BOOK FOR BICYCLING by Greg LeMond and Kend Gordis. For all who received a bike this past gift-giving season, this book is important reading for you. Greg LeMond, the first American to win the Tour de France, provides a handbook that includes everything you need to know to buy, ride and maintain your bike. This book is written for both the recreational and serious rider. (796.6)

THE T'AI CHI WORKBOOK by Paul Crompton - This is more than a manual that provides a step-by-step description of T'ai Chi movements. It also provides background, explanations and answers to questions about the subtleties of this Oriental art. All exercises are accompanied by clear black and white photographs. (796.8)

DR. BERGER'S IMMUNE POWER COOKBOOK by Stuart M. Berger, M.D. - This book is by the author of the best-selling *Dr. Berger's Immune Power Diet* which is based on the theory that the foods we eat can help or hurt the immune system. This cookbook provides over 200 healthful and delicious recipes that are based on this principle. Also included here are menus, nutritional breakdowns for each recipe, and a maintenance program. (613.2)

DENISE AUSTIN'S ONE MINUTE EXERCISES by Denise Austin. Austin is the "Today" show's fitness expert. In her book, she shows how anyone can integrate exercise into their daily routine. With over 200 photographs, Austin demonstrates exercises that stretch, strengthen, tone and tighten your body from top to bottom. (613.7)

FEEL THE FEAR AND DO IT ANYWAY by Susan Jeffers, Ph.D. - This is an inspiring book that will help you to break down the barriers that keep you from experiencing life to the fullest and achieving emotional well-being. (152.4)

THE FIRM AEROBIC WORKOUT WITH WEIGHTS - This informative video provides a balance of information and instruction to get you on the way to complete fitness doing aerobic weight training. Appropriate for both men and women.

JANE FONDA'S LOW IMPACT WORKOUT - If you've failed with other video exercise programs, or if typical aerobic exercise programs are too much for you, this low impact exercise program should meet your needs.

COMING UP AT THE LIBRARY

JANUARY 5 - *ONE FLEW OVER THE CUCKOO'S NEST* by Ken Kesey. Registration starts for this first part of the three part reading discussion series "Beyond the Best Seller List: Reading-Discussing Books" with Professor Alex Belisle. Prof. Belisle is a Professor of American and English Literature at Becker Jr. College and Publisher of the Millbury-Sutton Chronicle. With his love and knowledge of contemporary literature, he will be discussing the book *One Flew Over the Cuckoo's Nest* in the context of what's good and what's bad in American fiction today. Join Professor Belisle and others in this provocative and educational program. Register at the library or by calling 865-1181. Books are available for checkout from the library.

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Sutton Selectmen Hear Complaints on Armsby Road Property

By Jim Douglass

SUTTON. The December 29th Selectmen's meeting opened at 8:00 p.m. Minutes were not approved due to the absence of the Board's secretary.

- Bids for surplus fire equipment were opened and read. A variety of bids for three Ford fire trucks of 40's vintage and a dilapidated '78 Ford station wagon were taken under advisement with Chairman Wallace Johnson promising to, in each separate case, "Make the successful bidder aware of his purchase."

- Complaints that 37 Armsby Road is being used improperly for an R-1 property were heard and discussed. According to a letter received from Mary K. Connor, it is "apparent that it (Armsby Road) was being used as headquarters for a construction company." According to Mrs. Connor and other witnesses present, M.J. Casa was housing construction equipment, performing maintenance on this equipment, and providing parking space for workers on the property. The Building Inspector, Jacob VanDyke, became involved following Connor's complaint and spoke with a company representative who stated that the large number of cars on the property were visitors from an airline company. Following a heated discussion of the conditions at Armsby Road, Selectman Mike Chizy stated, "Our job is to enforce the town by-laws, and he's in violation of the town by-laws." A letter will be sent to M.J. Casa informing him that he has 30 days to correct the situation.

- The question of obtaining water from Whitinsville was brought up in regard to a proposed development on McGuire Road. According to a zoning footnote, a lot serviced by a municipal water district requires only 135 feet of frontage. The question of the boundaries of the water district and the availability of service from outside the district prompted the inquiry. Following the developer's plans to hook up to the Whitinsville water company, a representative from the water company made an appearance before the selectmen. After being told by the selectmen that no action would be taken by them until his company could clarify their position on the matter, the representative said that he could state no position to the board and needed to consult his lawyers. In the meantime, the board feels that any action must be approved in a town meeting and, according to Selectman Carl Licopoli, the board "is not granting any permissions whatsoever."

- A complaint was heard regarding flooding on Manchaug Road, emanating from Louis Fallone's property (Fallone was not present at the hearing.). According to Mrs. Nelson, a neighbor of Fallone's, he had begun to fill his land by the truckload which had caused a water backup. In an attempt to alleviate the flooding, Highway Surveyor Ray Smith installed a manhole and a section of new pipe to replace Mr. Fallone's section of duct pipe that he had installed as part of his fill project. The new piping has been unsuccessful, according to Mrs. Nelson, with a pond beginning to form on her land. At this point, her patience had ended and she complained that a whole van was being buried by the fill activities and that "Nobody stops him....He does whatever he wants." Noting that Fallone did have permission from the Conservation Commission to do a small amount of filing, Selectman Johnson concluded, "He exceeded what he was supposed to do," and further stated that he regretted the town's initial involvement in the matter. Johnson then remarked to Mrs. Nelson, "You have a civil matter between you and Mr. Fallone." Following more discussion, it was decided that the board would send a cease and desist order to Fallone to stop his filling activities.

- The deadline for warrants and articles for the Annual Town Meeting was set for February 9th.

- Jack Virgilio was appointed as Chairman of the newly formed Affordable Housing Committee.

- The TLC Kennel was discussed, with the board suggesting that a neighbor should request a court hearing to address the issue of excessive dog barking coming from the kennel.

- As the board was packing up, Larry Moore raised the issue of the vacant town administrator's post and offered to initiate a search campaign on behalf of the town. Following a discussion, it was decided that the Personnel Board would be called to the next selectmen's meeting and they will begin the selection process by placing a newspaper ad the following week.

Worcester Girls Club Seeking Volunteers for Basketball League

The Worcester Girls Club is currently seeking volunteers for a new Intramural Girls Basketball League in Worcester. Sponsors, coaches and referees are needed for the league which is open to Worcester area girls in grades 4-6 and 7 and up.

For more information, call Stacy at Winthrop House, 125 Providence St., 755-9525 for more details. Tryouts are scheduled for January 16th.

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"Big City" folk think living in small towns is dull and uninteresting. To those for whom the bizarre and naughty is the primary ingredient for fun, I guess our two communities are dull and uninteresting. However, as the collages on pages 8 and 11 show, our towns are host to a kaleidoscope of people and events which provide avenues for everyone of almost every taste to engage in some meaningful activity where they, as individuals, can be recognized. Behold, just a glimpse of the "dull and uninteresting" people and events of 1987. Can't you just wait for '88!

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Millbury Mother's Club to Vote on Scholarship Issue

MILLBURY. The Millbury Mother's Club will hold its monthly meeting on Tuesday, January 12, at 7:30 p.m. in the Media Center of the Shaw Middle School. "Old Business" will be discussed, and the scholarship topic will be voted on at this meeting with a corresponding change in the by-laws; this is the time to voice your opinions on this issue.

The evening's featured guest will be Francoise Foury who will discuss Family Style French Cooking. Parents and grandparents are invited to attend what promises to be an exciting evening. Refreshments will be served.

Free Passes Available to Fine Arts Museum

MILLBURY. The Millbury Public Library, 128 Elm Street, has announced that it now has two free passes to the Boston Museum of Fine Arts that are available for checkout. You must be over 18 years of age and possess a valid library card to obtain one of the passes. One pass provides free admission to two adults and children under 16. Limit one pass per visit, per family.

Enjoy a day at one of America's finest art museums by taking in one of the many exhibits or just roaming through gallery after gallery. Plan to have lunch or dinner at the museum's fine eatery, and, of course, don't leave without visiting the Museum Shop. You'll receive a discount for most purchases over $2.00. This pass also gives you access to the Museum Library and to the musical instruments collection. There's plenty that the whole family can enjoy.

For more information about events and activities going on at the museum, call ANSWERS (267-9377). For information on how you can reserve a Boston Museum of Fine Arts pass from the library, call 865-1181.

The passes are made available by a grant from the Massachusetts Arts Council.

College Students Join Fight Against MS

Students Against Multiple Sclerosis (SAMS) are gearing up to fight MS in Massachusetts as they organize and plan SAMS 1987-88. With ideas abounding and enthusiasm high, they are ready to tackle MS and raise record high funds on college campuses statewide.

SAMS was created to involve students in the fight against a disease that affects their age group and is both a fundraising campaign as well as a vehicle for public awareness. Through events such as "Skip a Meal", "Rock Alike Contests" and a statewide raffle which features a seven-day Caribbean cruise, Massachusetts students are rallying together against MS.

Multiple Sclerosis is a chronic, often disabling neurological disease of the central nervous system. Approximately 200 young adults are diagnosed every week, most of whom are between the ages of 20 and 40. As yet, there is no known cause or cure. However, many people are committed to overcoming the disease and now Students Against Multiple Sclerosis are among them. Currently, five colleges in Central Massachusetts are involved: Clark University, Assumption College, Worcester Polytechnic Institute, Nichols College, and Fitchburg State College. For more information on how you or your school can become involved in S.A.M.S., call the MS Society at 842-2223.

Newborn Baby Care

WORCESTER. The Childbirth Education Association will sponsor a Newborn Baby Care class on Thursday, January 14, from 7-9:30 p.m. in the Basement Conference Room at St. Vincent Hospital, 25 Winthrop St., Worcester.

Baby Care class is a two and one half hour class to educate expectant parents about the physical, emotional, and material needs of the newborn. The transition to parenthood is also discussed. Topics include: car seats and safety, layettes (what to buy and what not to buy), cloth diapers vs. disposables, bathing and dressing baby, illness and when to call the doctor, breastfeeding, bottlefeeding, and newborn appearance and characteristics. Both parents are welcome.

The class is free to couples taking C.E.A. Prepared Childbirth classes; the fee to non-class members is $5 per person/couple. For more information, call C.E.A. at 791-7229.

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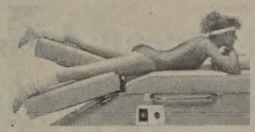

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St. Mark's C.Y.C. Defeats Sacred Heart of Hopedale

The Diocese of Worcester Catholic Youth Center Basketball League is into its second week of play, with 45 teams playing in five Worcester County gyms.

Locally, St. Mark's C.Y.C. of Sutton, which participates in the B Division played at Uxbridge High School, defeated Sacred Heart of Hopedale 37-32 on Sunday, December 27th.

The standings as of December 27th for the South County B Division are as follows:

Holy Angels, Upton 2-0
St. Peters, Northbridge 2-0
St. Mark's, Sutton 2-0
St. James, S. Grafton 1-1
St. Patrick's, Whitinsville 1-1
St. Mary's, Uxbridge 0-2
St. Ann's, N. Oxford 0-2
Sacred Heart, Hopedale 0-2

"It's hopeless men. Without a dominating center, our team is doomed, and ... Yo, Mack! Could you finish that later, I'm trying to talk ..."

Youth Soccer Association to Provide Coaching Instruction

The Massachusetts Youth Soccer Association is providing several 32-hour coaching instruction courses during January, February, and March. Locally, a course is scheduled in Northborough on Saturday and Sunday, February 20, 21, 27 and 28.

These courses are available to all experienced youth soccer coaches who are associated with town or club organizations currently affiliated with MYSA. Successful completion of the course provides the State (D) License which is a prerequisite for the United States Soccer Federation C License.

For further information and registration, contact Ross Weaver, 141 Lincoln Road, Sutton (865-9527).

"...And that's our game plan. Do you think you bone-heads can handle that?"

?¿ What's the Difference?

By Pat O'Leary & Larry Ham

HOW TO PLAY: The answers to the two clues rhyme and the beginning consonant sounds are switched. For example: What's the difference between a neckwear fastener and a metal pan for baked desserts? One is a TIE PIN and the other is a PIE TIN. Sound counts, not spelling.

1. A baby chicken's pelvis and a bumpkin's potato snacks?
   A _____ and a _____
2. Uttering a "scary sound" and a howling Susan?
   _____ and a _____
3. Shrieking in the washbasin and educating in the underbrush?
   _____ in the _____ and _____ in the _____
4. Tending pints & quarts and tending lock-openers & church-benchers?
   Minding _____ and _____ and minding _____ and _____

9-30

ANSWERS: 1. A chick's hips and a chick's chips. 2. Saying boo and a beying Sue. 3. Screeching in the tub and teaching in the scrub. 4. Minding P's and Q's and minding keys and pews.

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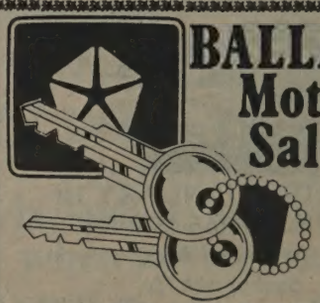

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Aroun' The Town & Golden Agers Update

By Lillian C. Sheehan

Time to take down the Christmas tree and put away our decorations for another year. All the rushing is over and we can take a breath and start to plan our activities for another year. Here's hoping it is a brighter, happier, and healthier one for everyone!!!

REMINDER: WORLD DAY OF PRAYER - Let's all try to make the meeting at St. Brigid's Church (and we do mean all) on Thursday, January 7th, for Church Women United. There will be representatives from all the churches in the area.

Besides a very interesting speaker, there will be an installation of officers for the coming year, refreshments, and a social hour. The time is 1:00 p.m.

ST. BRIGID'S WOMEN'S CLUB: There will not be a meeting in January. However, Chairman of the "Cook Book Committee", Peggy Spang, urges all members to please get those recipes in to her as soon as possible so they can start assembling the pages for the printer.

CENTERVIEW APARTMENTS: There have been quite a few changes at Centerview. Blanche Roote, a former tenant, is now at Providence House-Millbury, and James Platts, also a former tenant, is at Mill Hill Nursing Home-Worcester. I'm sure that they would enjoy hearing from friends.

A Speedy Recovery is wished to Alta Bailey and Mamie Bailey both patients at St. Vincent's Hospital, to Maxime Grenier who is also a patient at St. Vincent's, and to Theodore Renaud who is hospitalized at Hahnemann. Cards are always welcome - let's send a bit of cheer!!

WHIST CARD PARTY: Don't forget the first Wednesday of each month is reserved for Whist. For a relaxing evening, come and play Whist. Friends from other senior projects are cordially invited to share prizes, refreshments and attendance prizes.

On the remaining Wednesdays in the month, Bingo is played in the recreation room with prizes and refreshments.

• •

ANGER: "Remember that when you are in the right, you can afford to keep your temper and when you are in the wrong, you can't afford to lose it." (Graham)

HATE: "Hating people is like burning down your own house to get rid of a rat."

CHINESE PROVERB: "The man who removed the mountain began by carrying away small stones."

W.L. PHELPS said, "I live every day as if this were the first day I had ever seen and the last I were going to see."

"Executive ability is a talent for deciding something quickly and getting somebody else to do it."

SUTTON SENIOR NEWS

WEEK'S ACTIVITIES: MONDAY - All day doctor appointments, Exercise 11-12, Crafts 1-3; TUESDAY - Lunch at noon, social after lunch, special shopping trip to malls on the last two Tuesdays of the month; WEDNESDAY - Lunch at noon, Bingo in the afternoon, PM doctor appointments; THURSDAY - Grocery shopping for Wilkinsonville, Sutton and Manchaug, health checks at Orchard Apartments from 8-9:30, also info and referral from 10-11:30; FRIDAY - Lunch at noon, health checks at the Town Hall Library from 12:30 to 1:00, Bowling in Webster at 1:15. PLEASE NOTE: LUNCH RESERVATIONS MUST BE MADE 24 HOURS IN ADVANCE.

FUEL ASSISTANCE: We are still taking applications for fuel assistance on Mondays from 9:30-2:30. Make appointments by calling 865-9798 between 9-3, weekdays.

VOLUNTEER DRIVERS: Please tell friends and relatives that we are in need of volunteer drivers for home delivered meals and special doctor appointments. It only takes about one hour to take people to the doctor and back. Start the new year off with a heart of giving some time to others. It will be appreciated.

FRIENDS MEETING: The Friends of Elders meeting will be held on Tuesday, January 12, at 12:30 on the third floor of the town hall. Anyone in the community who would like to help the Sutton Seniors by being a Friend is encouraged to attend.

HOLIDAY: The COA office will be closed on January 18th, Martin Luther King Day.

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Computer Knowledge Growing in Millbury Public Schools

MILLBURY. The Millbury Public Schools have offered students in grades K-12 computer learning experiences since the early 1980's. Computer laboratories have been established in each of the three schools: Elmwood, Shaw Middle and Memorial High School. Students are introduced to computers at the Elmwood School (K-3), and through the efforts of Mrs. Kotomski, media specialist, classroom teachers and students receive instruction on the use of a wide variety of software and also become knowledgeable in "LOGO". According to Superintendent Dr. Alfred J. Sylvia, "It is a joy to watch our young students interact with the computer and to see the self-satisfaction that comes over their faces when they succeed in creating a geometric figure or correctly answer a problem."

At the Raymond E. Shaw Middle School, Mrs. McCurdy, the building media specialist, continues to instruct students in "LOGO" and also introduces them to word processing and data base management. In addition, the computer laboratory is available to students throughout the school day. Mrs. McCurdy is also working with Dr. Troughton, curriculum coordinator K-12, on a State grant which would make it possible for students to go "on-line" to receive research information on specific topics. Dr. Sylvia noted that Mrs. McCurdy is very enthusiastic about the potential use that could be made of this service by both the teaching staff and student body.

Millbury Memorial High School has two computer laboratories. One laboratory consists of Apple IIe and Macintosh computers and is located in the Business Department. The second laboratory is the oldest, but has just been approved to be updated by the Millbury School Committee. According to Dr. Sylvia, "We were most fortunate in receiving a grant from Digital Equipment Corporation (DEC) in 1979 which made it possible for us to offer students a wide range of computer experiences using this system. It is a PDP 11/34 and has approximately fifteen terminals connected to the central processing unit which is located in the high school Math Department. This system has also been used by the High School administration to schedule classes, provide the daily attendance records, and to produce student report cards. Under the able leadership of Mrs. Frances Dupont, Math Department Chairman, we are now expanding its memory capabilities so that greater use can be made of this system. It should be noted that the great majority of our microcomputers were purchased with federal funds."

Dr. Sylvia added. "Looking to the immediate future, we are studying the possibility of making the High School DEC system available to both the Elmwood and Shaw Middle School administration, and purchasing additional Apple computers for the High School English Department for student use in assigning term papers and other writing projects. It should also be noted that the High School Guidance Department has its own hard disc Apple III which is used by students to gain information on college requirements, availability of scholarships and career and job information. In addition, the HighSchool Industrial Arts Department has received a federal grant to purchase a laser printer and software to be used in graphic arts courses."

Dr. Sylvia praised the efforts of all involved in the project: "The Millbury School Committee has provided strong support and has demonstrated outstanding leadership in providing computer learning experiences to Millbury students. Our teaching staff has participated in after school in-service programs at all grade levels and we feel most confident that our students are being provided with numerous opportunities to become very comfortable with the many varied uses of computers."

Local Realtor Earns Professional Designation

James F. Fitzpatrick of Fitzpatrick Real Estate, Gallery of Homes, Millbury (center), received the designation Graduate, Realtors Institute (GRI) from Massachusetts Association of Realtors President Paula K. Aberman (left) and Milton H. Shaw, Executive Vice President of the association, (right).

The GRI designation signifies 90 hours of advanced in-class real estate education. According to the Association, "Realtors who have passed the GRI examinations are recognized as having attained one of the highest professional levels in residential real estate."

The Realtors Institute is a program of the Massachusetts Association of Realtors and, according to the Association, "meets the rigid standards set for such programs by the National Association of Realtors. Its purpose is to enable Realtors to better service their clients and customers through education and training in real estate."

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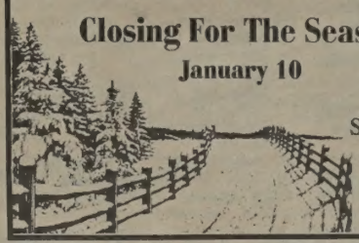
Winter Is Here and
It's Time Once Again
For Us To
Close For The Season

We Thank You For Your Patronage
And Look Forward To Seeing You
When We Open Next Fall

Closing For The Season
January 10



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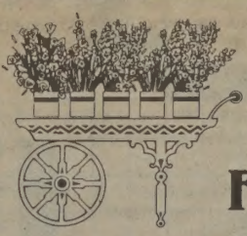

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Crossword Puzzle

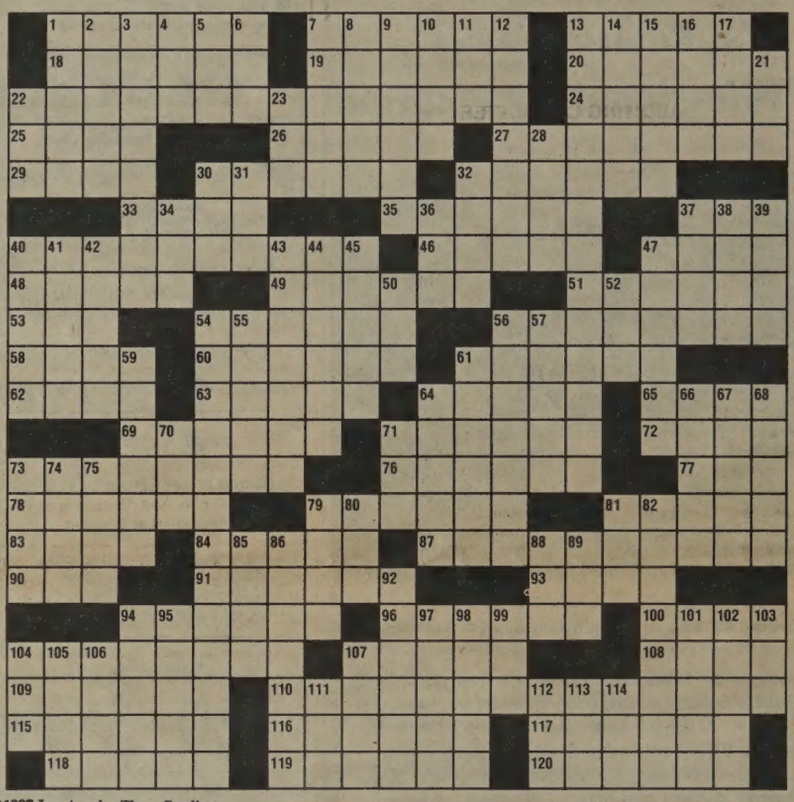
By Dorothea E. Shipp

ACROSS

1 Take for granted
7 Small cavity
13 Emcees, e.g.
18 Freebooter
19 Yell
20 Beat
22 Member of a hotel staff
24 Defrock
25 Brewer's need
26 Exuberant expression
27 Poured
29 Genealogical chart
30 — voyage
32 Actress Meryl
33 "A — with a View"
35 Iron out
37 To, to McDuff
40 Urban dwellings
46 Red-eyed bird
47 Narrate
48 Tic
49 Student's need
51 Actor Peter et al.
53 WWI army
54 European peninsula
56 Military supplies
58 Angus's anguish
60 Characteristics
61 Declared openly
62 Merit
63 Tender spots
64 — Bluff, Virginia
65 Millions of moons
69 Kitchen equipment
71 Soprano Geraldine
72 Pas, to Pavlova
73 Got
76 — all (everybody)
77 Gardner
78 Fate
79 "...merry crews are laid away —": Masefield
81 Demon, in Arabic myth
83 Harvest
84 Old Testament book
87 Popular dining place
90 Sched. heading
91 First German president and family
93 Breed
94 Paler
96 Dine on the town
100 Excite
104 Last
107 Malaysian state
108 Septuagenarian, in Paris
109 New Providence port
110 Charwoman's affliction
115 Fall flowers
116 List of corrigenda
117 School for training horses
118 Sample
119 Chest feature
120 — in (introduces)

DOWN

1 Bellowing
2 Effect's companion
3 Water collectors
4 Dutch commune
5 Foot: Prefix
6 Three, in Milano
7 Winning
8 Writer Mazo de la —
9 Singer John's namesakes
10 Potpourri
11 "I am Asher —"
12 Muscle type
13 Common phrase
14 "An — of prevention..."
15 Subway support
16 Walked
17 "Quien —?"
21 Rorem or Sparks
22 In vogue
23 Double: Prefix
28 Entertainer Johnson
30 Pasture sound
31 — Darya, Asian river
32 Growing medium
34 Electric unit
36 Cato's 1006
37 Coastal flyer
38 Guinness
39 Otherwise
40 Hebrew letter
41 Verdi's "Otello"
42 Cracker
43 Harpooned
44 More unnatural
45 Agitations
47 Conducts business
50 En-tout-—
52 Counting start
54 Treating words
55 — bread (ate)
56 Gorged
57 Kind of candle or holiday
59 Pitch a tent
61 Take prisoner
64 Curses
66 Japanese port
67 Ben —, Scottish peak
68 Outburst
70 Goose, in Paris
71 In honor of
73 Soup ingredient
74 Brauhaus brew
75 Peter or Paul
79 Geo. area
80 Cereal grass
81 Expression of triumph
82 Gives up
85 Geisha wear
86 Showed fury
88 Indonesian island group
89 Organic compound: Prefix
92 Playground item
94 Musical accents
95 Intelligent
97 Sharp ridge
98 River in Devon
99 River at Gorky
101 Soupcon
102 Arrow poisons
103 Female ruff
104 Nucleic acid
105 Mah-Jongg tile
106 "The Thin Man" canine
107 Aqua —
111 Ice idol
112 Naughty one
113 Radio signal
114 Scottish snow



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Solution to Last Week's Puzzle

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		T	W	O	W	A	Y	S	T	R	E	E	T		S	A	U	T	E	D
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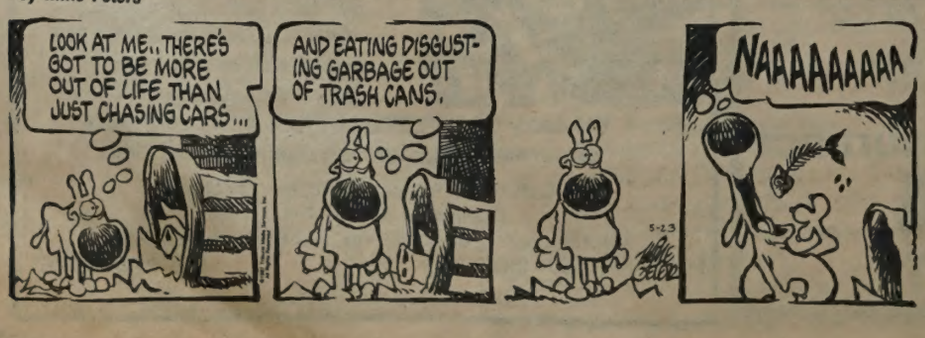
E	N	T	R	E		O	R	C	A		U	N	U	M		S	E	T	A	E
R	A	Y	S		K	N	E	E		L	E	E	S		D	E	N	Y		

The Rockets had the best offense in the league, but were hampered by too many turnovers.

MOTHER GOOSE & GRIMM

by Mike Peters


LOOK AT ME.. THERE'S GOT TO BE MORE OUT OF LIFE THAN JUST CHASING CARS...
AND EATING DISGUSTING GARBAGE OUT OF TRASH CANS.
NAAAAAAAAA
5-23

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GARAGE DOORS

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LOST ANIMALS

LOST: Grey, white male cat with red leather collar - near Millbury Exit Mass Pike on Christmas Day. Call 765-9649 or 764-6290. REWARD [1.7]

LOST: Male cat, neutered, gray with white breast and paws. Vicinity Hayward Lane. Call 865-2696. [1.7]

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HELP WANTED

NEEDED: Senior Aide for 20 hours a week at the District Nursing Society in Millbury to answer phones and perform some clerical duties. Applicant must be 55 years of age or older. For more information and an appointment, call Yvonne at 865-3561. [1.7]

HELP WANTED: TELLERS, full time/part time, at large community credit union. Contact Mrs. Donnelly for interview at 865-9511 between the hours of 9:00 a.m. and 5:00 p.m.

PERSON TO SNOW SHOVEL at private home. Call 792-3370.

Legal Notice

In accordance with the statutes relating to savings banks, Chapter 168, Section 15, the following is a list of Elected Officer, Trustees, Board of Investment, Auditing Committee and Corporators of the Millbury Savings Bank:

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President, C.E.O. & Treasurer - Dudley F. Bowker
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Vice President - Kenneth J. Botty
Vice President - Francis A. Gatto
Executive Vice President - Barry F. Crosby
Clerk of the Corporation - Paul R. O'Connell, Jr.
Assistant Treasurer - Richard S. Townsend
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Loan Officer - Lynne S. Cunningham

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Joanne T. Jozefowski
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Ronald A. Stead
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Frederick O. Swenson
Richard W. Taft
Richard S. Townsend
Richard R. Trudell
Alan M. Tuttle
Timothy L. Vanderlinden
Stephen V. Walinsky, Jr.
Ross E. Weaver
Jonathan W. Windle

December 16, 1987

Paul R. O'Connell, Jr., Clerk of the Corporation

CHURCH LISTINGS

OUR LADY OF THE ASSUMPTION, MILLBURY: Reverend Monsignor Mederic J. Roberts, Pastor; Reverend Robert Spellman, Associate Pastor - Weekday Masses: 7:30 a.m.; Saturday Mass: 4:00 p.m.; Sunday Masses: 8:00 a.m. - 9:30 a.m. - 11:00 a.m.; Confessions: Saturday from 3:00 p.m. to 3:30 p.m.

ST. BRIGID'S - MILLBURY: Rev. Thomas J. Markey, Pastor; Rev. Robert E. Kelley, Associate Pastor - Weekday Masses: 7:00 a.m. and 9:00 a.m.; Saturday Masses: 4:00 p.m. and 5:30 p.m.; Sunday Masses: 7:00 a.m. - 9:00 a.m. - 11:00 a.m.; Confessions: Saturday at 11:45 a.m. - 3:00 p.m. - 6:45 p.m.

St. ANNE'S - MANCHAUG: Weekday Masses: Monday through Thursday 9:00 a.m.; Friday at 7:00 p.m.; Saturday Masses: 5:00 p.m.; Sunday Masses 7:30 a.m. - 9:30 a.m. Confessions: Saturday at 4:00 p.m.; Baptisms by appointment.

ST. MARK'S - SUTTON: Rev. Thomas V. Walsh, Pastor; Rev. Lawrence J. Esposito, Associate Pastor - Weekday Masses: 9:00 a.m.; Saturday Masses: 5:00 p.m.; Sunday Masses: 8:00 a.m. - 9:30 a.m. - 11:30 a.m. Confessions: Saturday 4:00 p.m. to 4:45 p.m.; Prayer Meeting: Wednesday at 7:30 p.m.

SUTTON FIRST CONGREGATIONAL: Rev. Andrew J. Bierkan, Pastor - Sundays: 10:00 a.m. Morning Worship & Sunday School in the Meetinghouse. Crib Room, Nursery, Kindergarten, Grades 1-8 at 10:00 a.m.; Jr. P.F. as announced; Sr. P.F. 7-9 p.m. Programs: Thursday Morning Bible Study at 10:00 a.m.; 1st Wednesday, Mission Team Work Meeting at 10:00 a.m.; 2nd Thursday, Women's Fellowship of Sutton luncheon/program/meetings at noon. Monthly Public Suppers on 1st Saturdays, 5-7 p.m. Monthly Public Luncheons: 3rd Wednesdays - noon to 1:00 p.m. April-Nov.; Sunday School stops after June 12, Children's Day.

FIRST CONGREGATIONAL, MILLBURY, Telephone - 865-9861: Rev. Arthur W. Perkins, Minister - Sunday Morning Worship: 10:30 a.m. - Sunday School 9:00 a.m.; Mondays 7:30 p.m., Diet Workshop; Deacons - First Thursday at 7:30 p.m.; Executive Board - Second Tuesday at 7:00 p.m.; Millbury Woman's Club - First Monday at noon.

MILLBURY FEDERATED: Methodist - Congregational Rev. Richard Mattozzi, Pastor - Sunday Services: Adult Worship, Youth Worship, Childcare - 10:00 a.m., Church School - 10:15 a.m., Coffee Fellowship - 11:00 a.m.; Bible Study: Tuesdays at 7:00 p.m. and Thursdays at 9:30 a.m.; Senior Choir Rehearsal: Thursdays at 7:30 p.m.

FIRST BAPTIST, WEST SUTTON: Mr. John Olson - Sunday Morning Worship at 9:30 a.m. followed by Coffee Time at 10:30 a.m.; 3rd Tuesday of each month - Women's Association meetings.

MILLBURY BAPTIST: The Rev. Jean M. Greer, Interim Pastor; Mr. Charles H. King, Minister of Music - Adult Sunday School: 9:30 a.m. - Morning Worship: 11:00 a.m. (children leave mid-service for Sunday School); Wednesdays: 10:00 a.m., Discovery Group meets; Thursdays: 7:00 p.m., Choir Rehearsal - 8:00 p.m., Open Bible Study.

RAYMOND MEMORIAL CONGREGATIONAL (United Church of Christ): Mr. Raymond Mars, Pastor; Miss Elfreida Klaucke, Organist - Sunday Morning Service at 9:30 a.m.

ST. JOHN'S EPISCOPAL, Main St., Wilkinsonville: Rev. Walter E. Reynolds; Saturday, 5:30 p.m. - Holy Communion; Sunday, 8:00 a.m. Holy Communion - 10:00 a.m. Holy Communion (1st-3rd-5th Sunday); Morning Prayer on the 2nd and 4th Sundays of the month. Church School - Pre-School - Grade 8

EMANUEL LUTHERAN, 200 Greenwood Street, Worcester, MA, Telephone: 756-6620: George G. Kinney, D.Min., Pastor; Louisa Klaven, Pastoral Assistant - Sunday Morning Services: 9:00 a.m. (Nursery Provided); Chapel Service at 10:30 a.m.; Sunday School at 10:30 a.m.; Communion on First Sunday of the month.

ST. ANDREW'S EPISCOPAL CHURCH, 53 N. Main St., N. Grafton, 839-3453; Vicar, Robert W. Bain, 366-4293: Holy Eucharist 8:00 a.m. and 10:00 a.m. Sundays; 7:00 p.m. Wednesdays.

UNION CONGREGATIONAL CHURCH, 88 Main St., South Grafton. Member-Conservative Congregational Christian Conference: Pastor, Rev. Edward L. Marston, Jr.; Sunday Services - Sunday School for all ages, 9:30 a.m.; Morning Worship Service, 11:00 a.m.; Sunday evening Bible Study and Prayer, 7:00 p.m.

FAITH ALIVE MINISTRIES - all welcome. 138 Providence Tpke. (Rte.146), Millbury, MA, 865-5966. Pastor John Pfeffer: Sunday morning service and Sunday school, 10:00 am; Evening, 7:30 pm; Wednesday Bible Study at 7:30 pm.

SUBSCRIBE NOW TO THE MILLBURY SUTTON-CHRONICLE !!! SUBSCRIPTION RATE $6.00 PER YEAR. PLEASE FILL OUT THE INFORMATION BELOW AND MAIL WITH YOUR CHECK FOR $6.00 TO: THE MILLBURY SUTTON CHRONICLE, 59 GRAFTON STREET, MILLBURY, MA 01527

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DEADLINE

The deadline for all submissions to the *Millbury-Sutton Chronicle* is 12:00 noon on Saturday of the week prior to publication.

As many elderly are unable to come to the center for help, Mrs. O'Connor has established an Outreach Program which brings help to the senior's home.

The Council offers the elderly of the community a myriad of services all of which are designed to make life for the seniors a little easier and a bit more enjoyable, but there are still improvements that can be made. Mrs. O'Connor would like to see an Outreach and Friendly Visitor Program with a part-time coordinator who would expand the present program and coordinate volunteers to visit the housebound.

Mrs. O'Connor would also like to have a respite program either run by the District Nurses or a nursing home. This program would provide a place where elderly being cared for in the home could be brought to allow their families a bit of free time. This type of program could encourage more families to care for the elderly in the home by removing some of the difficulties which such a responsibility entails.

Mrs. O'Connor would like to have the resources to open the senior center on week-ends, providing a senior meal on Sunday night. "The week-ends are lonely times for many of the elderly and having a place to gather could alleviate a lot of that loneliness."

The Council on Aging is active and vigorous. Mrs. O'Connor invites any of the elderly in Millbury to take advantage of the services that the council offers. Though the phone seldom stops ringing, and the center is rarely quiet, Mrs. O'Connor and her dedicated staff seek to accommodate everyone with patience and understanding.

Anyone seeking information or help is encouraged to call the Council on Aging at 865-9154.

Council on Aging volunteers, left to right: Helen Juneau, Rita Doolittle, Stella Dackson, Helen and Peter Mankevetch

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